



## Get into Golf in Penwith



A guide for young people and their parents outlining the opportunities available to learn and play golf in the Penwith area



Practice, practice, practice! That's how Tiger Woods became a championship golfer. He started playing golf when he was very young, and by the time he was 6 years old he was an amazing golfer. His father, Earl, was his coach.

When Tiger was just a baby, his dad made a driving range in his garage with carpet and a net. Tiger would sit in his high chair and watch his dad practice.

When he was 9 months old, his dad sawed off a golf club to make it very short, and Tiger could strike the ball into the net. When he was 18 months old (just a year and a half), he began going to the golf course with Dad. He hit buckets of balls on the driving range.

When he was 4 years old, they hired a coach for him. When he was 6, he began entering junior contests.

Tiger listened to tapes to improve his confidence in himself. His dad helped him to learn to focus in spite of distractions. He stood in front of Tiger and said, "I'm a tree", and he would have to hit the ball over his father. Earl would jingle the coins in his pocket to distract him, or roll a ball in front of him and Tiger learned to concentrate on the game.

Even though it sometimes made him angry, the training helped him. Once a walkie-talkie made a loud noise during Tiger's swing at the ball. He said he never heard the radio because he was so focused on hitting the ball.

He cannot stand to lose. He does not become angry, but he goes out and practices even harder to not make the same mistakes.

In the year 2000, when he was 24 years old, he won four major golf tournaments ; the U.S. Open, and U.S. Amateur and the British Open and British Amateur.

## GOLF Information for aspiring junior golfers and parents about Schools, Club & Facilities in Penwith

This pack has been designed to give both children and parents the opportunity to learn more about the sport of golf in Penwith.

For the past two years Penwith School Sports Partnership (Based at Mounts Bay School near Penzance) has been increasing the amount of golf based activities in all of the schools in Penwith giving as many young people an opportunity to try the game. Along side this delivery many teachers have been trained in order to continue to deliver sessions through their curriculum and after school clubs



Tri Golf is a Primary School initiative developed by The Golf Foundation using adapted equipment to give young people a fun, fast introduction to the game. For children 5 to 11 years old.



Golf Xtreme is a Secondary School initiative developed by the Golf Foundation to continue the success of Tri Golf and continue the pathway into the game. GFX uses more traditional but light clubs along with safe short flight balls. For young people 11 to 16 years old.

### Some key facts about golf in the schools:

- Every Primary School in Penwith has access to a Tri-Golf Bag to use to teach golf at their school.
- A teacher from every primary school in Penwith has been trained on how to deliver/coach Tri-golf.
- Penwith School Sports Partnership host Tri-golf festivals for all primary schools in Penwith.
- Some secondary schools are now teaching golf in their schools.
- Gifted & Talented Secondary pupils now have a monthly improvement coaching session.
- Penwith School Sports Partnership host an annual secondary school golf competition.



## Locate Your Nearest Golf Club or Facility in Penwith

- There are three golf clubs in Penwith that have junior golf sections (West Cornwall in Lelant, Cape Cornwall in St Just & Praa Sands near Germoe).
- Both West Cornwall & Cape Cornwall Golf Clubs offer weekly junior golf coaching sessions for players of all standards.
- There is a golf driving range in Hayle (on Wheal Alfred Road) which also has a twelve hole short course.
- There is a 18 hole Pitch & Putt and a 9 hole short course in St Erth.



### West Cornwall Golf Club in Lelant:



This is the biggest course in Penwith with 18 full holes but the course has several different hole starting positions to make it easier for beginners. The course has wonderful views over St Ives Bay. They have a large junior section which meet on a Saturday morning between 8am and 10am. During this time the juniors are the only people that are allowed to tee off the first hole. They have a junior golf organiser who can be contacted through the club secretary for more information on **Tel: 01736 753401** email: [secretary@westcornwallgolfclub.co.uk](mailto:secretary@westcornwallgolfclub.co.uk)

### Cape Cornwall Golf Club near St Just:



Cape Cornwall Golf Club is a reasonably large 18 hole course. The course has fantastic views over the Lands End coast. They have a junior section which is organised by the club professional, Scott Richards. They meet on a Saturday morning each week for coaching sessions. There are various junior membership options so give Scott a call on **01736 788611 or 07808 775245** or email: [scott@capecornwall.com](mailto:scott@capecornwall.com)

### Hayle Golf - Driving range and short course:



Hayle driving range and short course provides a fantastic facility to learn and practice golf. The driving range is floodlit and open twelve months of the year. The golf balls are very cheap to hire and golf clubs are available to use also. This facility also has a short twelve hole golf course that is open to anyone who wishes to play it. The course is perfect for beginners. Hayle Golf has two teaching professionals that use the facility to run group and individual lessons. For further information about the junior golf opportunities at Hayle Golf call **01736 753655** or email [michael.luke@tiscali.co.uk](mailto:michael.luke@tiscali.co.uk)

### Praa Sands Golf Club:



Praa Sands Golf Club is a superb 9 hole course near Germoe on the South Coast. The course provides an ideal venue to learn the game. There are stunning views over the south coast. There isn't a specific junior section at the club but they do cater for young members by offering a reduced membership. For more information call the main office on **01736 763445**.

### St Erth Pitch & Putt. Greenacres Golf Course:



St Erth Pitch & Putt is a superb 18 hole short course which is great for junior beginners. The average hole is 100 meters long. Over the road from this facility is Green Acres 9 hole course which provides a tougher challenge than the pitch & putt course. They currently don't offer junior lessons but this facility provides a great opportunity to play a short course for a very reasonable price. For further information give them a call on **01736 754343**



Golf is a very special sport that's played by over 4 million people across the British Isles. No doubt you know all about exciting players like Tiger Woods, Sergio Garcia and Annika Sorenstam, but did you know that lots of celebrities and stars from other sports play the game as well including David Beckham, Robbie Williams, Jodi Kidd, Jonny Wilkinson, Michael Owen and many more.

So what is it that they all enjoy?

- They all enjoy getting together with family or friends for a round of golf, and they probably enjoy time on their own occasionally as well – golf gives them that choice.
- They enjoy trying to cope with the challenges that golf presents. How to avoid the bunkers, choosing the right clubs, and working out what effect the wind will have are just some of the things they've got to think about. It's not all 'bish, bash, bosh' – to play well they need finesse, accuracy and good judgement.
- They also enjoy the variety that golf offers. They can play on lots of different courses – you can too – and no two rounds are the same.
- They know that the 'handicapping' system means that whatever their level of ability, they'll be able to play in events and competitions and have a chance of winning – even if they're playing Tiger Woods!

If you get into golf, you'll make lots of new friends and will have a great time playing the sport in wonderful surroundings. As you don't have to be 'super fit' you can enjoy the game of golf for the rest of your life.

So what are you waiting for? Get into golf and join in the fun!

#### **What does the Golf Foundation do?**

**To provide support for golf sessions at schools and golf facilities so that young people are given their first introduction to golf.**

**To encourage young people to take up the game, develop their playing skills, improve their understanding of the game and work towards the achievement of a playing handicap.**

**To provide competitive opportunities for performance motivated youngsters**

#### **THE YOUNG GOLFER'S CODE**

- ☺ **Respect your fellow golfers and the golf course**
- ☺ **Be courteous and polite at all times**
- ☺ **Play fair, be honest and take responsibility for your actions**
- ☺ **Improve by listening and concentrating**
- ☺ **Practise hard and when you play, think before you act**
- ☺ **Look smart and stay healthy**

For more information visit [www.golf-foundation.org](http://www.golf-foundation.org)



## Golfing Terminology!



When golfers talk about having a “double bogey”, it’s not what you think! Golfers use lots of funny words, but don’t worry; it doesn’t take long to learn what they mean.

### **Albatross**

Finishing a hole three under par

### **Birdie**

Finishing a hole one under par

### **Bogey**

Finishing a hole one over par

### **Bunker**

A hazard filled with sand

### **Caddie**

A person who carries your bag and clubs for you

### **Chip**

A short shot normally onto the green

### **Divot**

A piece of turf that comes out of the ground when you play a shot  
(Remember: divots should always be put back.)

### **Eagle**

Finishing a hole two under par

### **Etiquette**

Good behaviour and consideration for others

### **Fairway**

The mown grass between the tee and the green

### **Flagstick**

A pole with a flag on the top that shows you where the hole is

### **FORE!**

Shouted to warn other golfers that a ball is travelling towards them

### **Green**

A putting surface at the end of each hole

### **Handicap**

The average difference between your score and the par for the course

### **Hazard**

A bunker, ditch, stream, pond or lake. Hazards make the course more interesting and challenging

### **Hole**

Something on the putting green that you’re trying to get your ball into.

### **Par**

A rating given to a hole that relates to the number of shots it should take to complete

### **Putt**

Roll the ball towards the hole with a putter

### **Round**

Playing all of the holes on a course

### **Scorecard**

Used to record the number of shots taken

### **Tee**

The area where you start the hole from

### **Tee peg**

A small wooden or plastic ‘stick’ you put your ball on. This can only be used on the tee (although using it on the fairway can help when you’re learning).

# Get Into Golf

